



Monday	Tuesday	Wednesday	Thursday	Friday
Nutri-grain Bar Animal Grahams Craisins Apple Juice 1% or FF White Milk 1	WG Pancake Turkey Sausage Orange Juice Mixed Fruit Cup 1% or FF White Milk 2	Honey Wheat Bagel with Cream Cheese Fresh Apple 1% or FF White Milk 3	Jumbo Waffle Turkey Sausage Fresh Banana Orange Juice 1% or FF White Milk 4	WG Cinnamon Roll Orange Juice Fresh Orange 1% or FF White Milk 5
Cocoa Puffs Cereal Animal Grahams Craisins Apple Juice 1% or FF White Milk 8	WG Cinnamon French Toast Turkey Sausage Orange Juice Diced Peach Cup 1% or FF White Milk 9	Dannon Nonfat Creamy Yogurt Giant Cinnamon Goldfish Fresh Apple 1% or FF White Milk 10	French Toast Sticks w/ Syrup Fresh Banana Orange Juice 1% or FF White Milk 11	WG Apple Roll Apple Juice Fresh Orange 1% or FF White Milk 12
Trix Cereal Bar Animal Grahams Craisins Apple Juice 1% or FF White Milk 15	WG Pancake Turkey Sausage Orange Juice Mixed Fruit Cup 1% or FF White Milk 16	Honey Wheat Bagel with Cream Cheese Fresh Apple 1% or FF White Milk 17	Jumbo Waffle Turkey Sausage Fresh Banana Orange Juice 1% or FF White Milk 18	WG Breakfast Ring Apple Juice Fresh Orange 1% or FF White Milk 19
Frosted Corn Flakes Animal Grahams Craisins Orange Juice 1% or FF White Milk 22	WG Cinnamon French Toast Turkey Sausage Orange Juice Diced Peach Cup 1% or FF White Milk 23	Dannon Nonfat Creamy Yogurt Giant Cinnamon Goldfish Fresh Apple 1% or FF White Milk 24	French Toast Sticks w/ Syrup Fresh Banana Orange Juice 1% or FF White Milk 25	Half Day - No Lunch 26
Cocoa Krispies Cereal Bar Animal Grahams Craisins Orange Juice 1% or FF White Milk 29	WG Pancake Turkey Sausage Diced Pear Cup Orange Juice 1% or FF White Milk 30	Honey Wheat Bagel with Cream Cheese Fresh Apple 1% or FF White Milk Happy Halloween! 31		



Thought for Thought

People of mediocre ability sometimes achieve outstanding success because they don't know when to quit. Most men succeed because they are determined to. - George Allen

Tips & Information

Columbus is celebrated on the 2nd Monday in October. The day is commemorated as the Columbus Day in United States, as Día de las Culturas (Day of the Cultures) in Costa Rica, as Día de la Hispanidad (Spanish Day), as Día de la Raza (Day of the Race) in many countries in Latin America. Columbus Day became an authorized state holiday in Colorado in 1905. It became a national holiday in 1970 in the United States.

#####

"or:" = An alternative selection to choose. "WG"=Whole Grain 1% White & Fat Free Chocolate Milk available daily.

****Menu Subject to Change****

This institution is an equal opportunity provider.

